

# *Center for Purposeful Living*

## *Student Application Form*

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**A close-up and a full-length photo are required for processing.**

*Date:* \_\_\_\_\_

*Name:* \_\_\_\_\_

*Current Address, if different from permanent address:* \_\_\_\_\_

\_\_\_\_\_

*City, State, Zip* \_\_\_\_\_

*When will you leave current address?* \_\_\_\_\_

*Current Phone:* (\_\_\_\_) \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_  
*Day Evening*

*Permanent Address:* \_\_\_\_\_

*City, State, Zip* \_\_\_\_\_

*Permanent Phone* (\_\_\_\_) \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_  
*Day Evening*

*E-mail address:* \_\_\_\_\_

*Birth date:* \_\_\_\_\_ *Exact Time of Birth:* \_\_\_\_\_

*Place of Birth:* \_\_\_\_\_ *Time Zone:* \_\_\_\_\_

*Marital Status:* \_\_\_\_\_ *Single* \_\_\_\_\_ *Married* *Do you have children?* [ ] *Yes* [ ] *No*

*If yes, how many and what are their ages?* \_\_\_\_\_

***Emergency Contact Information:***

*Name:* \_\_\_\_\_ *Relationship:* \_\_\_\_\_

*Address:* \_\_\_\_\_

*City, State, Zip* \_\_\_\_\_

*Phone* (\_\_\_\_) \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_  
*Day Evening*

**Educational & Employment Background Since High School: (continue on back if needed)**

**School/College**

**Dates**

**Degree/Diploma**

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**Employment**

**Dates**

**Position**

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**Physical Health**

**Overall physical condition: including stamina, strength, flexibility, mobility (check one):**

Excellent     Good/Average     Limited

**Physical limitations (including dietary): please indicate specifically what you can and cannot do:**

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**Do you currently take any medication?  No,  Yes: If yes, list medication(s) and condition:**

**Medication**

**Dosage**

**Purpose**

**How long taken**

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**Please detail any acute or chronic health conditions:**

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**Mental/Psychological Well Being**

**Have you ever been diagnosed with a psychological condition?  No  Yes: If Yes, please describe the diagnosis, treatment administered and dates. List multiple conditions separately using additional page.**

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*How did you hear about the CPL?* \_\_\_\_\_

*Would you like to be added to the mailing list?* \_\_\_\_\_Yes \_\_\_\_\_No

*Have you ever done service or volunteer work?* \_\_\_\_\_Yes \_\_\_\_\_No

*If yes, what type?* \_\_\_\_\_

\_\_\_\_\_

***Please answer the next 9 questions on a separate sheet of paper, and answer the remaining questions in the space provided.***

- 1. What attracts you to the Transformation Through Service Program? What is it about this kind of program that you find appealing?***
- 2. CPL is all about making the changes we need to make to move towards our own potential. Give 5 examples of actual changes you have made in your habits, thoughts, and personality to improve your capacity for service.***
- 3. If you could change one thing about your personality, habits, patterns or thoughts, what would it be? Why? How would that change contribute to the work you are seeking to do?***
- 4. What service work have you already been involved in? What have you learned in the process? Be specific about the lessons learned and how you will apply those lessons in future service work.***
- 5. What do you intend to do with the training you will receive at CPL? Be specific and as detailed as you can be about your plans to bring about changes in the world.***
- 6. What kind of growth/challenges do you think this experience will hold for you? When faced with challenges, how do you handle them?***
- 7. From the Outcomes Section below, please select one or two outcomes and describe in writing how you will use the outcome to enhance your life or work after graduation.***
- 8. With thousands who are ready to use the CPL training to make a difference in the world, why should CPL accept you for one of the limited number of positions in this program?***
- 9. Please list some of the skills and capabilities you can contribute to CPL student community: (e.g. computer skills, audiovisual, gardening, singing, restaurant work, listening skills).***

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## **Outcomes of Learning and Service at the Center for Purposeful Living**

- Discover meaning and purpose in life. Why are we really here?**
- How to stay positive, productive, and effective, no matter what the circumstances.**
- Recognize and become more aware of my TRUE motives.**
- Enhance my ability to serve more selflessly. Learn to leave the “self,” or little ego, out of one’s service, and to “leave personal agendas at the door” when serving.**
- Become more “emotionally intelligent.” Discover ways to use and channel negative emotions into actions which are of benefit to others.**
- Experience the joy and learn the skills of “group work” (which goes beyond teamwork), including cooperation, trust, positive attitude, and the ability to learn from others in the group.**
- Explore spirituality, spiritual living and its many practical applications.**
- Learn how to grow by receiving feedback from others.**
- Experience being a vital part of an authentic community. Share friendships with kindred spirits in service.**
- Discover how to create and maintain balance in life.**
- Improve relationships at work, at home, with friends, relatives, spouses, and coworkers.**
- Learn how to strengthen certain traits of character, for example compassion, focus, self-discipline, respect, patience, orderliness, trust, joyfulness, responsibility, punctuality, inclusiveness, etc.**
- Learn to see the divine in the mundane.**
- Become part of a high-functioning work team; be able to take that highly valued skill to any future job. Be able to teach this to others.**
- Become more organized, efficient, structured, disciplined, or orderly.**
- Learn how to replicate aspects of the CPL/HSA model of service in order to foster similar work in other places.**

*Do you plan to bring an automobile? [ ] No, [ ] Yes (type: \_\_\_\_\_)*

*If not, how do you plan to arrive at the CPL? (e.g. plane, bus, train) \_\_\_\_\_*

*Are you applying as a full-time or part-time student? [ ] Full-time, [ ] Part-time*

*When would you like to start the program?*

*Name (please print): \_\_\_\_\_*

*Signature: \_\_\_\_\_ Date: \_\_\_\_\_*

*Please complete and return this application, along with a recent close-up and full-length photograph, to:*

*Attention: Admissions  
Center for Purposeful Living  
3983 HSA Circle  
Winston-Salem, North Carolina 27101*

*If you have any questions, please contact us at:*

*PHONE: (336) 761-8745 (Call between 8:30 a.m. – 4:00 p.m. Mon. – Sat.)*

*E-MAIL: [outreach@purposeful.org](mailto:outreach@purposeful.org)*

*FAX: (336) 777-8828*

*WEB: [www.purposeful.org](http://www.purposeful.org)*

## ***Please Note:***

- *Being a full-time student means serving approximately 45 hours a week in a positive, group-oriented environment.*
- *No alcohol or recreational drugs are permitted on the premises. No smoking is allowed in any of the buildings.*
- *Delicious meals are served on a fixed schedule.*
- *Students will be involved in a variety of service-oriented activities that support the daily operations the Center for Purposeful Living and California Fresh Buffet.*
- *Prerequisites to your acceptance as a full-time student are the receipt of a completed application form, a recent (within past year) full-length and close-up photograph, and a signed Letter of Agreement. The Letter of Agreement will be sent once you have been accepted as a full-time student. The Letter of Agreement must be signed and returned prior to your arrival at the CPL.*
- ***The Center for Purposeful Living requires a \$100 deposit to be included with your signed Letter of Agreement.** This deposit will be refunded upon (a) the satisfactory completion of your Center commitment and (b) leaving your room clean and undamaged.*
- ***The CPL requires a \$100 book fee** to be paid upon acceptance at the Center for Purposeful Living. The fee covers all books and one ream of copier paper. After a ream is used, copies can be made at \$.10/copy.*
- *A positive attitude, a spirit of cooperation, and a respect for the structure and discipline required by productive “group work” are three major components of our service and study at the CPL. Students are expected to demonstrate and maintain these attitudes in order to fulfill the purpose of the program and ensure student success.*
- *Please provide three letters of references, including reference contact information. References may include employer, minister, teacher/professor, or friend.*
- *Arrival Information: There will be a formal orientation at the beginning of each session. Please inform the CPL of your arrival time/place at least two weeks in advance, so that we can arrange for you to be met and driven to the CPL campus.*
- *Basics to bring:*
  - *Clothes for warm and cold seasons, and spa facilities*
  - *Toiletries*
  - *Writing materials*
  - *Folders*
  - *Personal items, books, etc.*
  - *Alarm clock*

*Upon acceptance, details of what to bring will be provided.*